


American
National
Standard



ANSI/AAMI/
ISO 11138-3:
2006/(R)2015

Sterilization of health care
products — Biological
indicators — Part 3:
Biological indicators for
moist heat sterilization
processes

Objectives and uses of AAMI standards and recommended practices

It is most important that the objectives and potential uses of an AAMI product standard or recommended practice are clearly understood. The objectives of AAMI's technical development program derive from AAMI's overall mission: the advancement of medical instrumentation. Essential to such advancement are (1) a continued increase in the safe and effective application of current technologies to patient care, and (2) the encouragement of new technologies. It is AAMI's view that standards and recommended practices can contribute significantly to the advancement of medical instrumentation, provided that they are drafted with attention to these objectives and provided that arbitrary and restrictive uses are avoided.

A voluntary *standard* for a *medical device* recommends to the manufacturer the information that should be provided with or on the product, basic safety and performance criteria that should be considered in qualifying the device for clinical use, and the measurement techniques that can be used to determine whether the device conforms with the safety and performance criteria and/or to compare the performance characteristics of different products. Some standards emphasize the information that should be provided with the device, including performance characteristics, instructions for use, warnings and precautions, and other data considered important in ensuring the safe and effective use of the device in the clinical environment. Recommending the disclosure of performance characteristics often necessitates the development of specialized test methods to facilitate uniformity in reporting; reaching consensus on these tests can represent a considerable part of committee work. When a drafting committee determines that clinical concerns warrant the establishment of *minimum* safety and performance criteria, referee tests must be provided and the reasons for establishing the criteria must be documented in the rationale.

A *recommended practice* provides guidelines for the use, care, and/or processing of a medical device or system. A recommended practice does not address device performance *per se*, but rather procedures and practices that will help ensure that a device is used safely and effectively and that its performance will be maintained.

Although a device standard is primarily directed to the manufacturer, it may also be of value to the potential purchaser or user of the device as a frame of reference for device evaluation. Similarly, even though a recommended practice is usually oriented towards healthcare professionals, it may be useful to the manufacturer in better understanding the environment in which a medical device will be used. Also, some recommended practices, while not addressing device performance criteria, provide guidelines to industrial personnel on such subjects as sterilization processing, methods of collecting data to establish safety and efficacy, human engineering, and other processing or evaluation techniques; such guidelines may be useful to health care professionals in understanding industrial practices.

In determining whether an AAMI standard or recommended practice is relevant to the specific needs of a potential user of the document, several important concepts must be recognized:

All AAMI standards and recommended practices are *voluntary* (unless, of course, they are adopted by government regulatory or procurement authorities). The application of a standard or recommended practice is solely within the discretion and professional judgment of the user of the document.

Each AAMI standard or recommended practice reflects the collective expertise of a committee of health care professionals and industrial representatives, whose work has been reviewed nationally (and sometimes internationally). As such, the consensus recommendations embodied in a standard or recommended practice are intended to respond to clinical needs and, ultimately, to help ensure patient safety. A standard or recommended practice is limited, however, in the sense that it responds generally to perceived risks and conditions that may not always be relevant to specific situations. A standard or recommended practice is an important *reference* in responsible decision-making, but it should never *replace* responsible decision-making.

Despite periodic review and revision (at least once every five years), a standard or recommended practice is necessarily a static document applied to a dynamic technology. Therefore, a standards user must carefully review the reasons why the document was initially developed and the specific rationale for each of its provisions. This review will reveal whether the document remains relevant to the specific needs of the user.

Particular care should be taken in applying a product standard to existing devices and equipment, and in applying a recommended practice to current procedures and practices. While observed or potential risks with existing equipment typically form the basis for the safety and performance criteria defined in a standard, professional judgment must be used in applying these criteria to existing equipment. No single source of information will serve to identify a particular product as "unsafe". A voluntary standard can be used as one resource, but the ultimate decision as to product safety and efficacy must take into account the specifics of its utilization and, of course, cost-benefit considerations. Similarly, a recommended practice should be analyzed in the context of the specific needs and resources of the individual institution or firm. Again, the rationale accompanying each AAMI standard and recommended practice is an excellent guide to the reasoning and data underlying its provision.

In summary, a standard or recommended practice is truly useful only when it is used in conjunction with other sources of information and policy guidance and in the context of professional experience and judgment.

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Requests for interpretations of AAMI standards and recommended practices must be made in writing, to the AAMI Vice President, Standards Policy and Programs. An official interpretation must be approved by letter ballot of the originating committee and subsequently reviewed and approved by the AAMI Standards Board. The interpretation will become official and representation of the Association only upon exhaustion of any appeals and upon publication of notice of interpretation in the "Standards Monitor" section of the *AAMI News*. The Association for the Advancement of Medical Instrumentation disclaims responsibility for any characterization or explanation of a standard or recommended practice which has not been developed and communicated in accordance with this procedure and which is not published, by appropriate notice, as an *official interpretation* in the *AAMI News*.

Sterilization of health care products— Biological indicators—Part 3: Biological indicators for moist heat sterilization processes

Approved 9 December 2005 by
Association for the Advancement of Medical Instrumentation

Approved 4 May 2006 and reaffirmed 22 April 2010 and 23 November 2015 by
American National Standards Institute, Inc.

Abstract: Provides specific requirements for test organisms and biological indicators intended for use in assessing the performance of sterilizers employing moist heat as the sterilizing agent at sterilizing temperatures in excess of 100 °C.

Keywords: carrier, organism, resistance, packaging, value

AAMI Standard

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Glossary of equivalent standards

International Standards adopted in the United States may include normative references to other International Standards. For each International Standard that has been adopted by AAMI (and ANSI), the table below gives the corresponding U.S. designation and level of equivalency to the International Standard. NOTE: Documents are sorted by international designation.

Other normatively referenced International Standards may be under consideration for U.S. adoption by AAMI; therefore, this list should not be considered exhaustive.

| International designation | U.S. designation | Equivalency |
|--|--|---|
| IEC 60601-1:2005 | ANSI/AAMI ES60601-1:2005 | Major technical variations |
| IEC 60601-1-2:2001 and Amendment 1:2004 | ANSI/AAMI/IEC 60601-1-2:2001 and Amendment 1:2004 | Identical |
| IEC 60601-2-04:2002 | ANSI/AAMI DF80:2003 | Major technical variations |
| IEC 60601-2-19:1990 and Amendment 1:1996 | ANSI/AAMI I136:2004 | Major technical variations |
| IEC 60601-2-20:1990 and Amendment 1:1996 | ANSI/AAMI I151:2004 | Major technical variations |
| IEC 60601-2-21:1994 and Amendment 1:1996 | ANSI/AAMI/IEC 60601-2-21 and Amendment 1:2000 (consolidated texts) | Identical |
| IEC 60601-2-24:1998 | ANSI/AAMI ID26:2004 | Major technical variations |
| IEC/TR 60878:2003 | ANSI/AAMI/IEC TIR60878:2003 | Identical |
| IEC/TR 62296:2003 | ANSI/AAMI/IEC TIR62296:2003 | Identical |
| IEC 62304:2006 | ANSI/AAMI/IEC 62304:2006 | Identical |
| IEC/TR 62348:2006 | ANSI/AAMI/IEC TIR62348:2006 | Identical |
| ISO 5840:2005 | ANSI/AAMI/ISO 5840:2005 | Identical |
| ISO 7198:1998 | ANSI/AAMI/ISO 7198:1998/2001/(R)2004 | Identical |
| ISO 7199:1996 | ANSI/AAMI/ISO 7199:1996/(R)2002 | Identical |
| ISO 10993-1:2003 | ANSI/AAMI/ISO 10993-1:2003 | Identical |
| ISO 10993-2:2006 | ANSI/AAMI/ISO 10993-2:200x ² | Identical |
| ISO 10993-3:2003 | ANSI/AAMI/ISO 10993-3:2003 | Identical |
| ISO 10993-4:2002 | ANSI/AAMI/ISO 10993-4:2002 | Identical |
| ISO 10993-5:1999 | ANSI/AAMI/ISO 10993-5:1999 | Identical |
| ISO 10993-6:1994 | ANSI/AAMI/ISO 10993-6:1995/(R)2001 | Identical |
| ISO 10993-7:1995 | ANSI/AAMI/ISO 10993-7:1995/(R)2001 | Identical |
| ISO 10993-9:1999 | ANSI/AAMI/ISO 10993-9:1999/(R)2005 | Identical |
| ISO 10993-10:2002 and Amendment 1:2006 | ANSI/AAMI BE78:2002 ANSI/AAMI BE78:2002/A1:2006 | Minor technical variations Identical |
| ISO 10993-11:1993 | ANSI/AAMI 10993-11:1993 | Minor technical variations |
| ISO 10993-12:2002 | ANSI/AAMI/ISO 10993-12:2002 | Identical |
| ISO 10993-13:1998 | ANSI/AAMI/ISO 10993-13:1999/(R)2004 | Identical |
| ISO 10993-14:2001 | ANSI/AAMI/ISO 10993-14:2001 | Identical |
| ISO 10993-15:2000 | ANSI/AAMI/ISO 10993-15:2000 | Identical |
| ISO 10993-16:1997 | ANSI/AAMI/ISO 10993-16:1997/(R)2003 | Identical |
| ISO 10993-17:2002 | ANSI/AAMI/ISO 10993-17:2002 | Identical |
| ISO 10993-18:2005 | ANSI/AAMI BE83:2006 | Major technical variations |

| International designation | U.S. designation | Equivalency |
|---|--|----------------------------|
| ISO/TS 10993-19:2006 | ANSI/AAMI/ISO TIR10993-19:2006 | Identical |
| ISO/TS 10993-20:2006 | ANSI/AAMI/ISO TIR10993-20:2006 | Identical |
| ISO 11135:1994 | ANSI/AAMI/ISO 11135:1994 | Identical |
| ISO 11137-1:2006 | ANSI/AAMI/ISO 11137-1:2006 | Identical |
| ISO 11137-2:2006 (2006-08-01 corrected version) | ANSI/AAMI/ISO 11137-2:2006 | Identical |
| ISO 11137-3:2006 | ANSI/AAMI/ISO 11137-3:2006 | Identical |
| ISO 11138-1: 2006 | ANSI/AAMI/ISO 11138-1:2006 | Identical |
| ISO 11138-2: 2006 | ANSI/AAMI/ISO 11138-2:2006 | Identical |
| ISO 11138-3: 2006 | ANSI/AAMI/ISO 11138-3:2006 | Identical |
| ISO 11138-4: 2006 | ANSI/AAMI/ISO 11138-4:2006 | Identical |
| ISO 11138-5: 2006 | ANSI/AAMI/ISO 11138-5:2006 | Identical |
| ISO/TS 11139:2006 | ANSI/AAMI/ISO 11139:2006 | Identical |
| ISO 11140-1:2005 | ANSI/AAMI/ISO 11140-1:2005 | Identical |
| ISO 11140-5:2000 | ANSI/AAMI ST66:1999 | Major technical variations |
| ISO 11607-1:2006 | ANSI/AAMI/ISO 11607-1:2006 | Identical |
| ISO 11607-2:2006 | ANSI/AAMI/ISO 11607-2:2006 | Identical |
| ISO 11737-1: 2006 | ANSI/AAMI/ISO 11737-1:2006 | Identical |
| ISO 11737-2:1998 | ANSI/AAMI/ISO 11737-2:1998 | Identical |
| ISO 11737-3:2004 | ANSI/AAMI/ISO 11737-3:2004 | Identical |
| ISO 13485:2003 | ANSI/AAMI/ISO 13485:2003 | Identical |
| ISO 13488:1996 | ANSI/AAMI/ISO 13488:1996 | Identical |
| ISO 14155-1:2003 | ANSI/AAMI/ISO 14155-1:2003 | Identical |
| ISO 14155-2:2003 | ANSI/AAMI/ISO 14155-2:2003 | Identical |
| ISO 14160:1998 | ANSI/AAMI/ISO 14160:1998 | Identical |
| ISO 14161:2000 | ANSI/AAMI/ISO 14161:2000 | Identical |
| ISO 14937:2000 | ANSI/AAMI/ISO 14937:2000 | Identical |
| ISO/TR 14969:2004 | ANSI/AAMI/ISO TIR14969:2004 | Identical |
| ISO 14971:2000 and A1:2003 | ANSI/AAMI/ISO 14971:2000 and A1:2003 | Identical |
| ISO 15223:2000, A1:2002, and A2:2004 | ANSI/AAMI/ISO 15223:2000, A1:2001, and A2:2004 | Identical |
| ISO 15225:2000 and A1:2004 | ANSI/AAMI/ISO 15225:2000/(R)2006 and A1:2004/(R)2006 | Identical |
| ISO 15674:2001 | ANSI/AAMI/ISO 15674:2001 | Identical |
| ISO 15675:2001 | ANSI/AAMI/ISO 15675:2001 | Identical |
| ISO/TS 15843:2000 | ANSI/AAMI/ISO TIR15843:2000 | Identical |
| ISO 15882:2003 | ANSI/AAMI/ISO 15882:2003 | Identical |
| ISO/TR 16142:2006 | ANSI/AAMI/ISO TIR16142:2006 | Identical |
| ISO 17664:2004 | ANSI/AAMI ST81:2004 | Major technical variations |
| ISO 17665-1:200x ¹ | ANSI/AAMI/ISO 17665-1:2006 | Identical |
| ISO 18472:2006 | ANSI/AAMI/ISO 18472:2006 | Identical |
| ISO/TS 19218:2005 | ANSI/AAMI/ISO 19218:2005 | Identical |
| ISO 25539-1:2003 and A1:2005 | ANSI/AAMI/ISO 25539-1:2003 and A1:2005 | Identical |

¹ In production

² Final approval pending

Committee representation

Association for the Advancement of Medical Instrumentation Biological Indicators Working Group

The adoption of ISO 11138-3:2006 as an American National Standard was initiated by the AAMI Biological Indicators Working Group of the AAMI Sterilization Standards Committee. The AAMI Biological Indicators Working Group also functions as a U.S. Technical Advisory Group to the relevant work in the International Organization for Sterilization (ISO). U.S. representatives from the AAMI Biological Indicators Working Group (U.S. Sub-TAG for ISO/TC 198/WG 4) played an active part in developing the ISO standard.

At the time this document was published, the **AAMI Biological Indicators Working Group** had the following members:

Cochairs: Gregg Mosley
Phil Schneider

Members: Richard Bancroft, Esq., Albert Browne, Ltd.
Heidi L. Betti, CST, CRST, Mercy Medical Center, Springfield, MA
Trabue D. Bryans, Apptec
Virginia C. Chamberlain, PhD, VC Chamberlain and Assoc., Palm Harbor, FL
Carlos Chavez, PhD, Abbott Laboratories
Charles Cogdill, Boston Scientific Corporation
Joseph Connaghan, MS, Alcon Laboratories
Gary Cranston, Consulting and Technical Services/PCS
Kimbrell Darnell, Bard Medical Division
Kate Davenport, Northview Biosciences
Douglas Davie, Sterilization Validation Services
Shawn Doyle, Sterilator Company, Inc.
Sylvie Dufresne, TSO3, Inc.
Dan Floyd, RM, Nelson Laboratories, Inc
James Gibson, Jr., J.M. Gibson Associates, Odessa, FL
John Gillis, PhD, SGM Biotech, Inc.
Joel R. Gorski, PhD, NAMSA
John Grillo, PhD, Hospira, Inc.
Joyce Hansen, JM Hansen & Associates
Thomas L. Hansen, Terumo Medical Corporation
Arthur C. Harris, Cook Incorporated
John L. Holland, Becton Dickinson
Charles A. Hughes, SPS Medical Supply Corporation
Danny Hutson, Cardinal Health
Lois A. Jones, MS, Cary, NC
Linda Lavelle, Johnson & Johnson
Patrick McCormick, PhD, Bausch & Lomb, Inc.
James McGowan, Jr., BS MBA, Sterile Works, Inc.
Candace McManus, DrPH, Food & Drug Administration/Center for Devices and
Radiological Health
Gregg Mosely, Biotest Laboratories, Inc.
Bobby Osburn, Department of Veteran Affairs

Wendy Royalty-Hann, Raven Biological Laboratories
Terri Rymer, Baxter Healthcare Corporation
Manuel Saavedra, Jr., Kimberly-Clark Corporation
Phil Schneider, 3M Healthcare
Zenius Seliokas, Stericon, Inc.
Andrew Sharavara, Propper Manufacturing Company, Inc.
Barb Smith, Getinge USA
Gayle Strahearn, STS Division of Ethox Corporation
Nuong Van Trinh, TYCO Healthcare/Kendall
Jonathan Wilder, H&W Technology LLC
Alternates: Solomon Alade, PhD, Alcon Laboratories, Inc.
Richard Alexander, Abbott Laboratories
Thomas Berger, PhD, Hospira, Inc.
William Boentges, BS, Cardinal Health
Greg Crego, STS Division of Ethox Corporation
Georgina Deloatch, Propper Manufacturing Company Inc.
Christophe A. Demetrius, U.S. Food and Drug Administration
Brian Drumheller, CR Bard Medical Division
Catherine Finocchiaro, Bausch & Lomb, Inc.
Douglas F. Harbrecht, Boston Scientific Corporation
Burt Kingsbury, Terumo Medical Corporation
Garrett Krusheski, SGM Biotech, Inc.
David Liu, Johnson and Johnson
Michael Mattison, Getinge USA
Richard T. O'Donnell, Steris Corporation
Timothy Ramsey, BS, Northview Biosciences
Mike Sadowski, Baxter Healthcare Corporation
Gary Socola, SPS Medical Supply Corporation
Ralph Stick, Apptec
Craig Wallace, 3M Healthcare
Julie Wheeler, NAMSA
David Woolley, BS, Nelson Laboratories, Inc.

NOTE—Participation by federal agency representatives in the development of this standard does not constitute endorsement by the federal government or any of its agencies.

AAMI Sterilization Standards Committee

Cochairs: Victoria M. Hitchins, PhD
William E. Young

Members: Trabue D. Bryans, AppTec
Virginia C. Chamberlain, PhD, VC Chamberlain & Associates (Independent Expert)
Nancy Chobin, RN, CSPDM, St. Barnabas Healthcare System (Independent Expert)
Anne M. Cofield, CRCST, FCS, International Association of Healthcare Central Service
Materiel Management
Charles Cogdill, Boston Scientific Corporation
Ramona Conner, RN, MSN, CNOR, Association of Perioperative Registered Nurses
Jacqueline Daley, Association for Professionals in Infection Control and Epidemiology
Kimbrell Darnell, CR Bard
Lisa Foster, Sterigenics International
James M. Gibson, Jr., JM Gibson Associates
Barbara J. Goodman, RN, BS, CNOR (Independent Expert)
Joel R. Gorski, PhD, NAMSA
Deborah A. Havlik, Hospira Inc.

Victoria M. Hitchins, PhD, FDA/CDRH
 Richard M. Johnson, MSc, BSc, Abbott Laboratories
 Lois Atkinson Jones, MS (Independent Expert)
 Byron J. Lambert, PhD, Guidant Corporation/Cardiac Rhythm Management
 Colleen Patricia Landers, RN, Canadian Standards Association
 David Liu, Johnson & Johnson
 Jeff Martin, Alcon Laboratories Inc.
 Patrick J. McCormick, PhD, Bausch & Lomb Inc.
 Thomas K. Moore, Getinge USA
 Barry F.J. Page, Barry Page Consulting (Independent Expert)
 Nancy J. Rakiewicz, Ethox Corporation
 Phil M. Schneider, 3M Healthcare
 Michael H. Scholla, Dupont Nonwovens
 Mark Seybold, Baxter Healthcare Corporation
 Andrew Sharavara, Proper Manufacturing Co Inc.
 Frank Sizemore, American Society for Healthcare Central Service Professionals
 Gregory O. Stecklein, MS, MSM, Cardinal Health (MP&S)
 William N. Thompson, TYCO Healthcare/Kendall
 John W. Walker, Steris Corporation
 James L. Whitby, MA, MB, FRCP, University of Western Ontario (Independent Expert)
 Thelma Wilcott, Becton Dickinson & Company
 Martell Kress Winters, BS, SM, Nelson Laboratories Inc.
 William E. Young (Independent Expert)

Alternates:

Lloyd Brown, TYCO Healthcare/Kendall
 Lina C. Bueno, Dupont Nonwovens
 Craig M. Herring, Johnson & Johnson
 Clark W. Houghtling, Steris Corporation
 Danny Hutson, Cardinal Health (MP&S)
 Jim Kaiser, Bausch & Lomb Inc.
 Susan G. Klacik, AS, BS, International Association of Healthcare Central Service Materiel
 Management
 Joseph J. Lasich, BS, Alcon Laboratories Inc.
 Chiu Lin, PhD, FDA/CDRH
 Lisa N. Macdonald, Becton Dickinson & Company
 Ralph Makinen, Guidant Corporation/Cardiac Rhythm Management
 Mary S. Mayo, CR Bard
 David Ford McGoldrick, BS, Abbott Laboratories
 Jerry R. Nelson, MS, PhD, Nelson Laboratories Inc.
 Jeff Peltier, Boston Scientific Corporation
 Janet Prust, 3M Healthcare
 Mike Sadowski, Baxter Healthcare Corporation
 Ralph Stick, AppTec
 Jason Voisinet, Ethox Corporation
 Valerie Welter, Hospira Inc.
 William T. Young, Sterigenics International

NOTE—Participation by federal agency representatives in the development of this document does not constitute endorsement by the federal government or any of its agencies.

Background of AAMI adoption of ISO 11138-3:2006

As indicated in the foreword to the main body of this document (page xi), the International Organization for Standardization (ISO) is a worldwide federation of national standards bodies. The United States is one of the ISO members that took an active role in the development of this standard.

ISO 11138-3:2006 was developed by ISO Technical Committee 198, *Sterilization of health care products*, to fill a need for an international standard for specifying the test organisms and performance requirements for biological indicators (including inoculated carriers and suspensions) used in assessing the performance of sterilization processes employing moist heat as the sterilizing agent.

U.S. participation in ISO/TC 198 is organized through the U.S. Technical Advisory Group (TAG) for ISO/TC 198, administered by the Association for the Advancement of Medical Instrumentation (AAMI) on behalf of the American National Standards Institute (ANSI). The U.S. TAG for ISO/TC 198 made considerable contributions to this standard and supports the requirements for biological indicators specified in this document.

AAMI encourages its committees to harmonize their work with international standards as much as possible. Upon review of the final Draft International Standard (DIS) of ISO 11138-3:2006, the AAMI Biological Indicator Working Group decided to adopt this document verbatim as a revision of ANSI/AAMI ST19:1999, *Sterilization of health care products-Biological indicators — Part 3: Biological indicators for moist heat*. (The AAMI Biological Indicator Working Group previously developed deviations to ISO 11138-3:1995 to create ANSI/AAMI ST19:1999).

The ISO 11138:2006 biological indicator standards series was developed as the result of the joint revision of the ISO 11138:1994-1995 series of biological indicator standards (Parts 1-3) and the EN 866:1997-2000 series of biological indicator standards (Parts 1-8). The revised ISO 11138:2006 series of standards consist of the following parts:

ISO 11138-1, *Sterilization of health care products — Biological indicators — Part 1: General requirements*

ISO 11138-2, *Sterilization of health care products — Biological indicators — Part 2: Biological indicators for ethylene oxide sterilization processes*

ISO 11138-3, *Sterilization of health care products — Biological indicators — Part 3: Biological indicators for moist heat sterilization processes*

ISO 11138-4, *Sterilization of health care products — Biological indicators — Part 4: Biological indicators for dry heat sterilization processes*

ISO 11138-5, *Sterilization of health care products — Biological indicators — Part 5: Biological indicators for low-temperature steam and formaldehyde sterilization processes*

Major changes that were made to the predicate ISO and CEN series during the revision process which are incorporated into the revised ISO 11138:2006 series of standards include:

- a) Elimination of EN 866-4:1999, *Biological systems for testing sterilizers and sterilization processes — Part 4: Particular systems for use in irradiation sterilizers*. (Radiation biological indicators can demonstrate ISO 11138:2006 compliance by complying with the provisions of ISO 11138-1:2006 even though there is no specific subpart for irradiation).

- b) Elimination of EN 866-7:1999 and EN 866-8:1999, *Biological systems for testing sterilizers and sterilization processes — Part 7: Particular requirements for self-contained biological indicator systems for use in moist heat sterilizers* and *Part 8: Particular requirements for self-contained biological indicator systems for use in ethylene oxide sterilizers*.
- c) Inclusion of specific information pertaining to self-contained biological indicators in ISO 11138-1:2006.
- d) Inclusion of a table with consolidated labeling requirements in ISO 11138-1:2006.
- e) Provision for use of biological indicators deviating from the specified minimum population and/or resistance criteria providing all other requirements of ISO 11138:2006 are met and the deviation is clearly indicated in the product labeling.
- f) Allowance for the calculation of D value by either the Holcomb-Spearman-Karber, Limited Holcomb-Spearman-Karber or Stumbo-Murphy-Cochran procedures as indicated in Annex D, 11138-1:2006.
- g) Allowance for the use of dual species biological indicators with appropriate documentation.
- h) Removal of the performance requirements for resistometers in ISO 11138:2006 Parts 2-4 (resistometer performance requirements are contained in ISO 18472:2006).
- i) Removal of the \log_{10} population \times D value ≥ 10 requirement in ISO 11138-3:2006 (moist heat) and 11138-4:2006 (dry heat).
- j) Provision for use of a liquid (rather than vapor phase) test method for characterization of biological indicators used in the low temperature steam and formaldehyde process in ISO 11138-5:2006.

The primary differences between ANSI/AAMI/ISO 11138-3:2006 and ANSI/AAMI ST19:1999 are indicated in h) and i) above as well as the changes pertaining to ANSI/AAMI/ISO 11138-1:2006, i.e., c), d), and e) above.

AAMI and ANSI procedures require that standards be reviewed and, if necessary, revised to reflect technological advances that may have occurred since publication.

AAMI (and ANSI) have adopted other ISO standards. See the Glossary of Equivalent Standards for a list of ISO standards adopted by AAMI, which gives the corresponding U.S. designation and the level of equivalency with the ISO standard.

The concepts incorporated in this standard should not be considered inflexible or static. This standard, like any other, must be reviewed and updated periodically to assimilate progressive technological developments. To remain relevant, it must be modified as technological advances are made and as new data come to light.

Suggestions for improving this standard are invited. Comments and suggested revisions should be sent to Standards Department, AAMI, 1110 N. Glebe Road, Suite 220, Arlington, VA 22201-4795.

NOTE—Beginning with the foreword on page xi, this American National Standard is identical to ISO 11138-3:2006.

Foreword

ISO (the International Organization for Standardization) is a worldwide federation of national standards bodies (ISO member bodies). The work of preparing International Standards is normally carried out through ISO technical committees. Each member body interested in a subject for which a technical committee has been established has the right to be represented on that committee. International organizations, governmental and non-governmental, in liaison with ISO, also take part in the work. ISO collaborates closely with the International Electrotechnical Commission (IEC) on all matters of electrotechnical standardization.

International Standards are drafted in accordance with the rules given in the ISO/IEC Directives, Part 2.

The main task of technical committees is to prepare International Standards. Draft International Standards adopted by the technical committees are circulated to the member bodies for voting. Publication as an International Standard requires approval by at least 75 % of the member bodies casting a vote.

Attention is drawn to the possibility that some of the elements of this document may be the subject of patent rights. ISO shall not be held responsible for identifying any or all such patent rights.

ISO 11138-3 was prepared by Technical Committee ISO/TC 198, *Sterilization of health care products*.

This second edition cancels and replaces the first edition (ISO 11138-3:1995), which has been technically revised.

ISO 11138 consists of the following parts, under the general title *Sterilization of health care products — Biological indicators*:

- *Part 1: General requirements*
- *Part 2: Biological indicators for ethylene oxide sterilization processes*
- *Part 3: Biological indicators for moist heat sterilization processes*
- *Part 4: Biological indicators for dry heat sterilization processes*
- *Part 5: Biological indicators for low-temperature steam and formaldehyde sterilization processes*

Introduction

ISO 11138-1 specifies production, labeling, test methods and performance requirements for the manufacture of biological indicators including inoculated carriers and suspensions intended for use in validation and monitoring of sterilization processes. This part of ISO 11138 gives specific requirements for those biological indicators intended for use in moist heat sterilization processes.

The intent of providing requirements in the ISO 11138 series of International Standards is to provide general requirements and requirements for test methods. This series of International Standards represents the current “state-of-the-art” according to the experts representing manufacturers, users, and regulatory authorities involved in developing the standard. The intent is not to promote the use of biological indicators where such use is not advised, but to provide common requirements for the production of those biological indicators known to be in use today.

Standards exist providing requirements for the validation and control of moist heat sterilization (see ISO 17665).

NOTE Some countries or regions may have published standards covering requirements for sterilization or biological indicators.

Advice on selection, use, and interpretation of results when using biological indicators can be found in ISO 14161.

Sterilization of health care products — Biological Indicators — Part 3: Biological indicators for moist heat sterilization processes

1 Scope

This part of ISO 11138 provides specific requirements for test organisms, suspensions, inoculated carriers, biological indicators, and test methods intended for use in assessing the performance of sterilization processes employing moist heat as the sterilizing agent.

Moist heat as the sterilizing agent is defined in this part of ISO 11138 as dry saturated steam. While air-steam mixtures may be used in moist heat sterilization processes, the methods and performance requirements of this part of ISO 11138 might not be applicable for biological indicators used in such processes.

NOTE 1 Requirements for validation and control of moist heat sterilization processes are provided by ISO 17665.

NOTE 2 National or regional regulations may provide requirements for work place safety.

2 Normative references

The following referenced documents are indispensable for the application of this document. For dated references, only the edition cited applies. For undated references, the latest edition of the referenced document (including any amendments) applies.

ISO 11138-1:2006, *Sterilization of health care products — Biological indicators — Part 1: General requirements*

ISO 18472, *Sterilization of health care products — Biological and chemical indicators — Test equipment*

3 Terms and definitions

For the purposes of this document, the terms and definitions given in ISO 11138-1 apply.

4 General requirements

The requirements of ISO 11138-1 apply.